

National Center for

Family♥Professional Partnerships



Cultural Perspectives on Self-Care in Leadership & The Role of Leadership and Achieving Health Equity

May 30, 2018

Damie Jackson-Diop & Johanna Bergan

Welcome! We will begin shortly. Phone lines are muted but will be opened for Q&A at several points throughout the presentation.



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A Youth MOVE National Presentation

Leadership is a Journey

Cultural Perspectives on Self-Care in Leadership & The Role of Leadership and Achieving Health Equity

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Welcome!

- Name
- Role/Location
- Icebreaker
 - Get out your phones and research an answer to a question that has crossed your mind lately.



Intersecting Axes of Inequity

- Race
- Gender
- Ethnicity
- Labor roles and social class markers
- Nationality, language, and legal status
- Sexual orientation
- Disability status
- Geography/Place
- Religion



Self-Reflection

Think back to a time when you were sick as a child with a common cold, flu/virus, ear infection etc.,

- Who took care of you?
- How did they take care of you?
- What did your family or caregiver believe about taking care of you?
- Were there certain foods that were believed to be good/bad for you?
- Were there specific ways of treating the illness that were believed to be better ways than others?
- How did your family feel about going to the doctor?

The Role of Leadership and Achieving Health Equity

- “Health equity” is assurance of the conditions for optimal health for all people
- Achieving health equity requires
 - Valuing all individuals and populations equally
 - Recognizing and rectifying historical injustices
 - Providing resources according to need
- Health disparities will be eliminated when health equity is achieved

Source: Jones CP 2010, adapted from the National Partnership for Action to End Health Disparities.

The Role of Leadership and Reaching Health Equity (cont'd)

- **Leadership Actions**
 - **Think Cultural Health** – National Culturally and Linguistically Appropriate Standards
 - **Incorporate** the H.U.M.B.L.E Model
 - **Dig Deep** into the Data

Think Cultural Health - The National Culturally and Linguistically Appropriate (CLAS) are structured as...

Standard 1:

Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.

Standards 2-4

Governance, Leadership, and Workforce

Standards 5-8

Communication and Language Assistance

Standards 9-15

Engagement, Continuous Improvement, and Accountability

The H.U.M.B.L.E. Model

- H**umble about the assumptions you make about knowing the world;
- U**nderstanding how your own background and culture can impact your interactions;
- M**otivating yourself to learn about cultures, health beliefs and practices you frequently come across;
- B**eginning to incorporate this knowledge into your work;
- L**ife-long learning about other cultures;
- E**mphasizing and establishing respect in our interactions in order to maintain health and productive relationships.

Data

- Data helps explain WHY your cause (addressing health disparities, for example) is important
- Data helps suggest HOW to fix the problem at hand by suggesting WHAT the problem is

Other Populations By...

- Socio-economic status
- Geography (urban or rural)
- Gender
- Age
- Disability status
- Risk status related to sex and gender

Racial and Ethnic Minority Populations

- American Indian/Alaska Native (AI/AN)
- Asian American
- Black or African American
- Hispanic or Latino
- Native Hawaiian or Other Pacific Islander (NHOPI)

Resources

- Web-based Injury Statistics and Query Reporting System ([WISQARS](#))
- Youth Behavioral Risk Survey System ([YBRSS](#))
- National Violent Death Reporting System ([NVDRS](#))
- Center for Behavioral Health Statistics and Quality ([CBHSQ](#))
- National Mental Health Services Survey ([N-MHSS](#))
- National Survey on Drug Use and Health ([NSDUH](#))

Resources

Think Cultural Health

<https://www.thinkculturalhealth.hhs.gov/clas>

The National Adolescent Health Information Center

https://www.healthypeople.gov/sites/default/files/Framing_AYAH_HP2020_Webinar.pdf

The National Partnership for Action to End Health Disparities

<https://minorityhealth.hhs.gov/npa/>

Thanks for joining us!

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We need your feedback! Click the link below to take the survey!

<https://www.surveymonkey.com/r/LeadershipIsAJourneyWebinar5>

Thanks for hanging out.

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