



#ZIKA Family Resources

Information and Resources for Families about the #ZIKA Virus (May 2016)

There is an overwhelming amount of information on the Zika virus in the media, but where can families find basic information that they can share with other families to help them take steps to protect themselves and their unborn children?

This list of resources, compiled by Family Voices, provides links to valuable information for families about the Zika virus. Stay up-to-date on Zika by following the hashtag #Zika on twitter.

What is Zika by CDC? <http://www.cdc.gov/zika/about/index.html>

Zika Fact Sheets by Boston Public Health Commission <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Pages/Zika-Virus.aspx>

Translated in:

Spanish <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/Spanish.pdf>

Portuguese <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/Portuguese.pdf>

French <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/French.pdf>

Haitian Creole <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/Haitian%20Creole.pdf>

Vietnamese <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/Vietnamese.pdf>

Chinese <http://www.bphc.org/whatwedo/infectious-diseases/Infectious-Diseases-A-to-Z/Documents/Fact%20Sheet%20Languages/Zika%20Virus/Chinese.pdf>

Information for Parents by the CDC about the Zika Virus: <http://www.cdc.gov/zika/parents/index.html>

Activity Book for Kids about Mosquito bites: <http://www.cdc.gov/zika/pdfs/zika-activity-book.pdf>

Prevention: <http://www.cdc.gov/zika/prevention/index.html>

Use of Deet During Pregnancy: <http://mothertobaby.org/fact-sheets/deet-nn-ethyl-m-toluamide-pregnancy/pdf/>

Consumer Reports Insect Repellent ratings: <http://www.consumerreports.org/cro/health/beauty-personal-care/insect-repellent/insect-repellent-ratings/ratings-overview.htm>

Build Your Own Prevention Kit: <http://www.cdc.gov/zika/prevention/prevention-kit.html>

- ✓ **Zika Prevention Materials** <http://www.cdc.gov/zika/pdfs/zika-prevention-kit-english.pdf>
Translated in: Spanish, Spanish (PR), Samoan, Marshallese, Chinese, Fijian, Korean, Tagalog, Tongan
- ✓ **Pregnant Living in an Area with Zika?** http://www.cdc.gov/zika/pdfs/peg_areaswithzika.pdf
Translated in Spanish, Spanish (PR), Samoan, Marshallese, Chinese, Fijian, Korean, Tagalog, Tongan
- ✓ **Pregnant? Protect Yourself from Mosquito Bites** <http://www.cdc.gov/zika/pdfs/zika-pregnancy.pdf>
Translated in: Spanish, Spanish (PR), Samoan, Marshallese, Chinese, Fijian, Korean, Tagalog, Tongan

Zika and Sexual Transmission: <http://www.cdc.gov/zika/transmission/sexual-transmission.html>

Zika and Blood Transfusion: <http://www.cdc.gov/zika/transmission/blood-transfusion.html>

Zika Symptoms: <http://www.cdc.gov/zika/symptoms/index.html>

US Zika Pregnancy Registry: <http://www.cdc.gov/zika/hc-providers/registry.html>

Zika Virus in the US 2015-16: <http://www.cdc.gov/zika/geo/united-states.html>

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