



The Family-to-Family Health Information Center (F2F) in Kansas

For more than 30 years, Families Together, Inc., has encouraged, educated and empowered Kansas families, which include children with disabilities. The F2F at Families Together, Inc. was established to provide guidance and support around health issues for families of children and youth with special health care needs. We help families navigate the health care systems and work with their child's medical home. We help families become better advocates for their children. We provide this help through one-to-one interactions with families and professionals and through a variety of trainings and other educational opportunities offered across the state

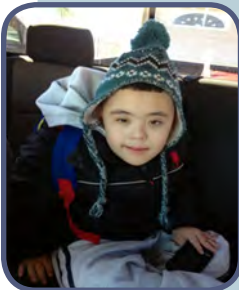
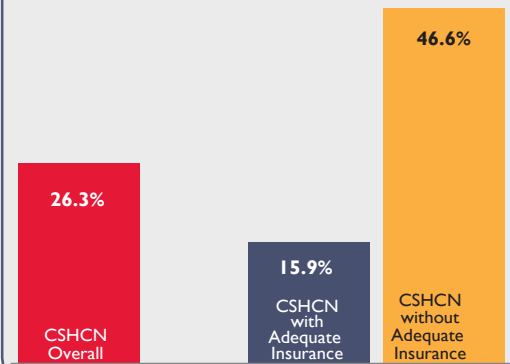
HIGHLIGHT: Health Summits / Team Empowerment Conferences (TEC)

Every fall we hold an annual *Health Summit/TEC* to provide news and current resources on health issues for CSHCN. Families of CSHCN, youth with SHCN, professionals, and vendors participate in the summit. Topics addressed are timely, and this year included: Health Homes in KanCare, Affordable Care Act, Mental Health and Health Care, Sexuality, and Stress Management. Our keynote speaker was an individual with a disability who shared her experience growing up and overcoming challenges in her life. We provided scholarships for families to attend. Forty-one individuals participated in the event. Feedback demonstrates the importance of this event for families: *"The keynote speaker gives me hope that my child can take on the world if she wants."* *"The Sexuality workshop answered so many questions."* *"Thank you so much for the opportunity to participate in this Summit. It was so helpful to me and my child."*

CSHCN in KS¹

- 120,822 children (17.3%)
- 37,465 children have inadequate insurance
- 28,930 children have conditions that consistently affect their activities
- 35,755 do not receive family-centered care

CSHCN Whose Conditions Cause Financial Problems for the Family:



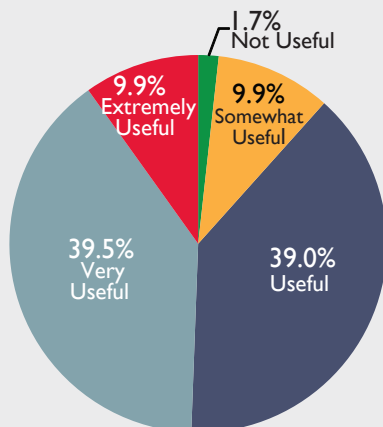
IMPACT on a Family:

"My son, Karim, is 10 years old and has Down Syndrome. Going to the Health Team Empowerment conferences and other meetings, has changed our life. I was a mom that did everything for Karim. At nine years old I was still feeding and dressing him. Everything Karim wanted he got - all he had to do was point. I was treating him like a baby. My son was not happy and my family and I didn't realize we were harming him. With the support and information provided by the Family-to-Family Health Information Center at Family Together, Inc., we learned to help Karim become more independent. Karim is a different child now - he plays with the other children, gets dressed, cleans up after himself and of course he gets in trouble like any other 10 years old. Thank you." - Karim's mom

IMPACT:

Family Confidence

Families rate the usefulness of the support/information/resources they received from the KS F2F in helping them feel more confident about getting their child the health care and services that s/he needs.²



FY2013 F2F OUTREACH:²

Total Families Served: 14,068
 Total Professionals Served: 9,114
 Materials Disseminated: 33,072
 Trainings: 129

CONTACT:

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¹National Survey of Children with Special Health Care Needs. NS-CSHCN 2009/10. Data query from the Child and Adolescent Health Measurement Initiative, Data Resource Center for Child and Adolescent Health website. Retrieved 04/03/2014 from www.childhealthdata.org.
²FY2013 F2F data represents families and professionals served through one-to-one contact, training, and broader outreach from June 1, 2012 through May 31, 2013.